

# WELCOME to SINGAPORE!

## **Joint Asian & European Workshop on Econometrics and Health Economics**

August 27-30, 2025  
ESSEC Asia Pacific



# ESSEC Asia-Pacific

ESSEC is a business school with programs ranging from Bachelor to PhD, a wide range of Masters programs including our flagship Master in Management and Global MBA programs. ESSEC also offers executive education and custom training designed and developed on-demand for our partners from the private sector. ESSEC holds the “Triple crown” of accreditations for global business education: EQUIS, AACSB and AMBA. education and customized talent development programs.

Key figures

74,000  
ESSEC Alumni members

4

campuses in  
Paris-Cergy,  
Paris-La Défense,  
Singapore and Rabat

ESSEC  
BUSINESS SCHOOL



At the invitation of Singapore’s Economic Development Board (EDB) as part of the Global Schoolhouse initiative to develop Singapore as a regional education hub, ESSEC Asia-Pacific was established in Singapore in 2005.

In 2015, ESSEC moved into its new purpose-built 6,500 m<sup>2</sup> campus at Nepal Hill, in the education & scientific hub of the One-North district.

**ESSEC Business School**  
**5 Nepal Park**  
**Singapore 139408**

## Going to ESSEC by Public Transport

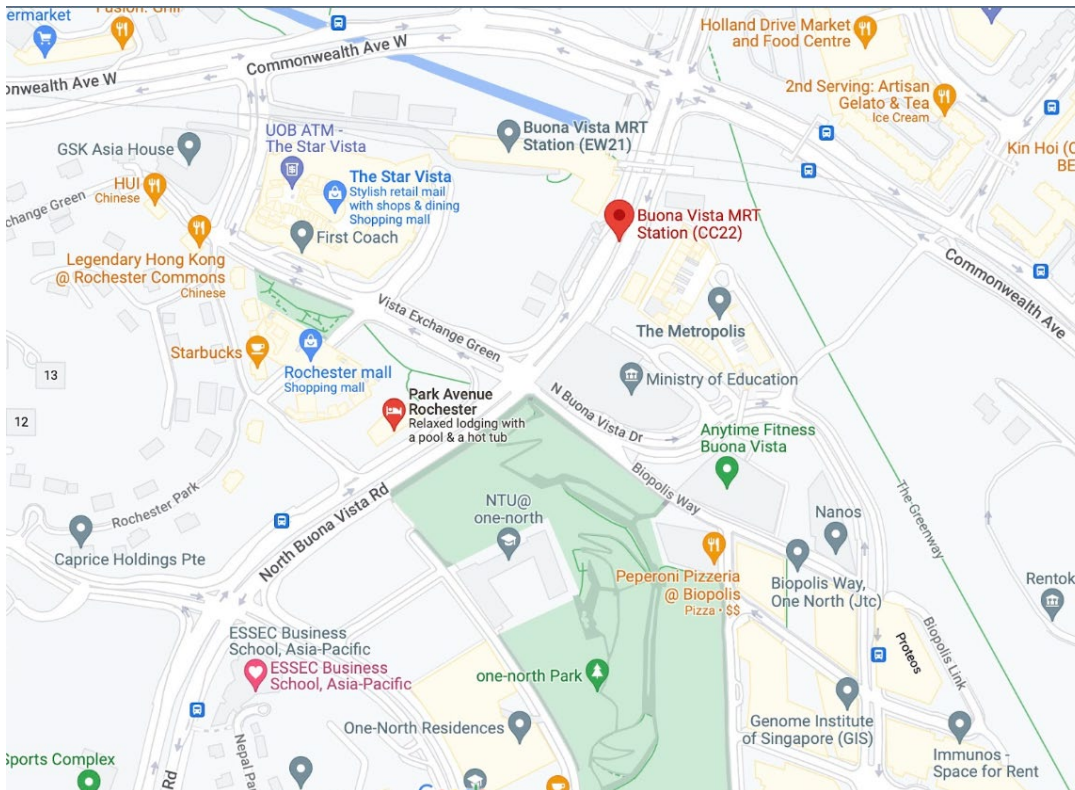
Nearest MRT Station: one-north MRT Station (CC23), Circle Line Upon arrival at one-north MRT Station, exit via Exit B and walk up Nepal Park to reach the campus



# Hotel information

We are being welcomed at the Park Avenue Rochester Hotel which is located 5 minutes' walk to the ESSEC Singapore Campus

Nearest metro stop: Buona Vista CC22 | EW21

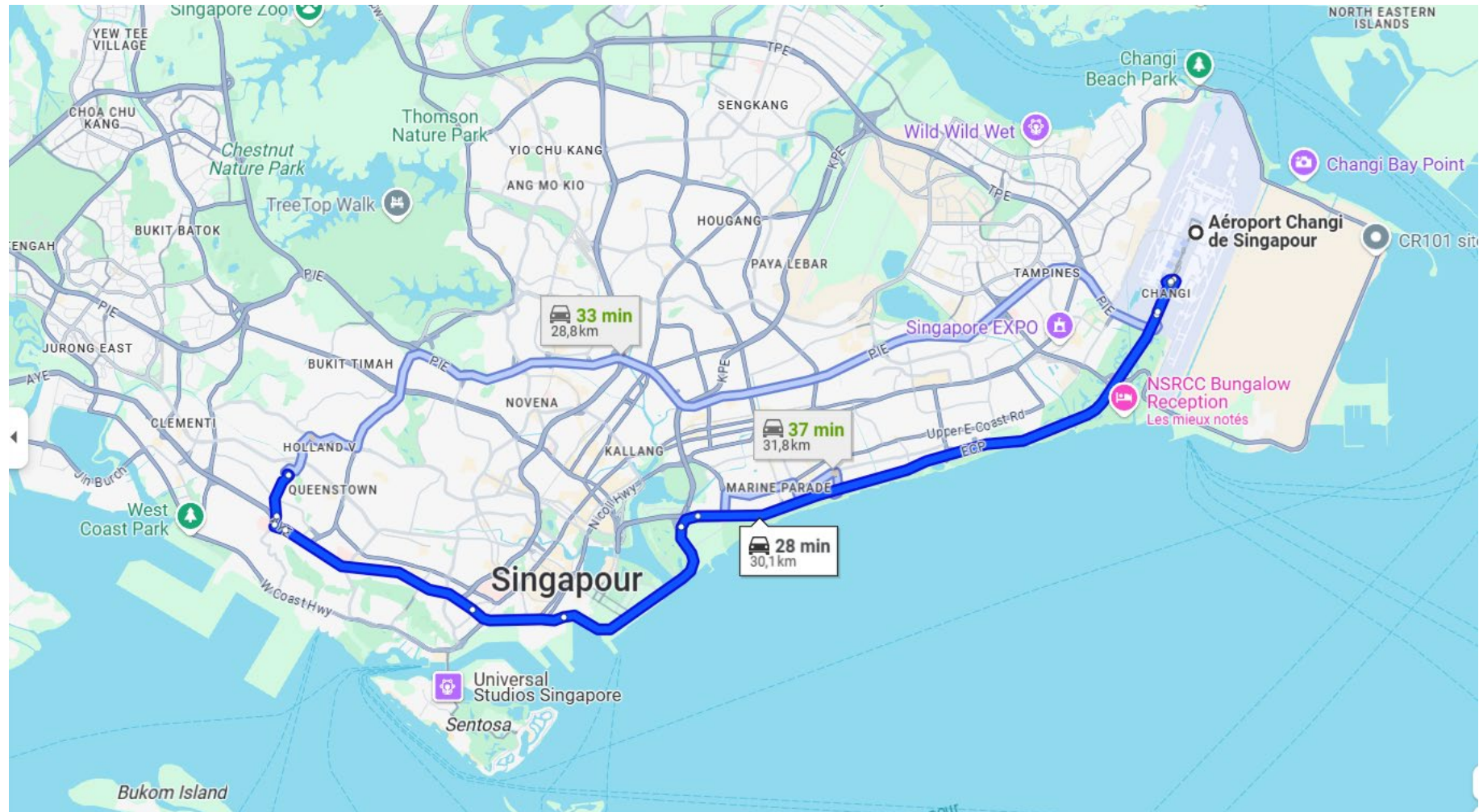


**Park Avenue Rochester Hotel**  
**31 Rochester Drive, Singapore 138637**  
**+65 6808 8600**



# From the airport to the hotel (by taxi)

(~30 minutes, ~25 SGD)



## From the airport to the hotel (by train) (~ 1 hr 15 mins, ~3 SGD)

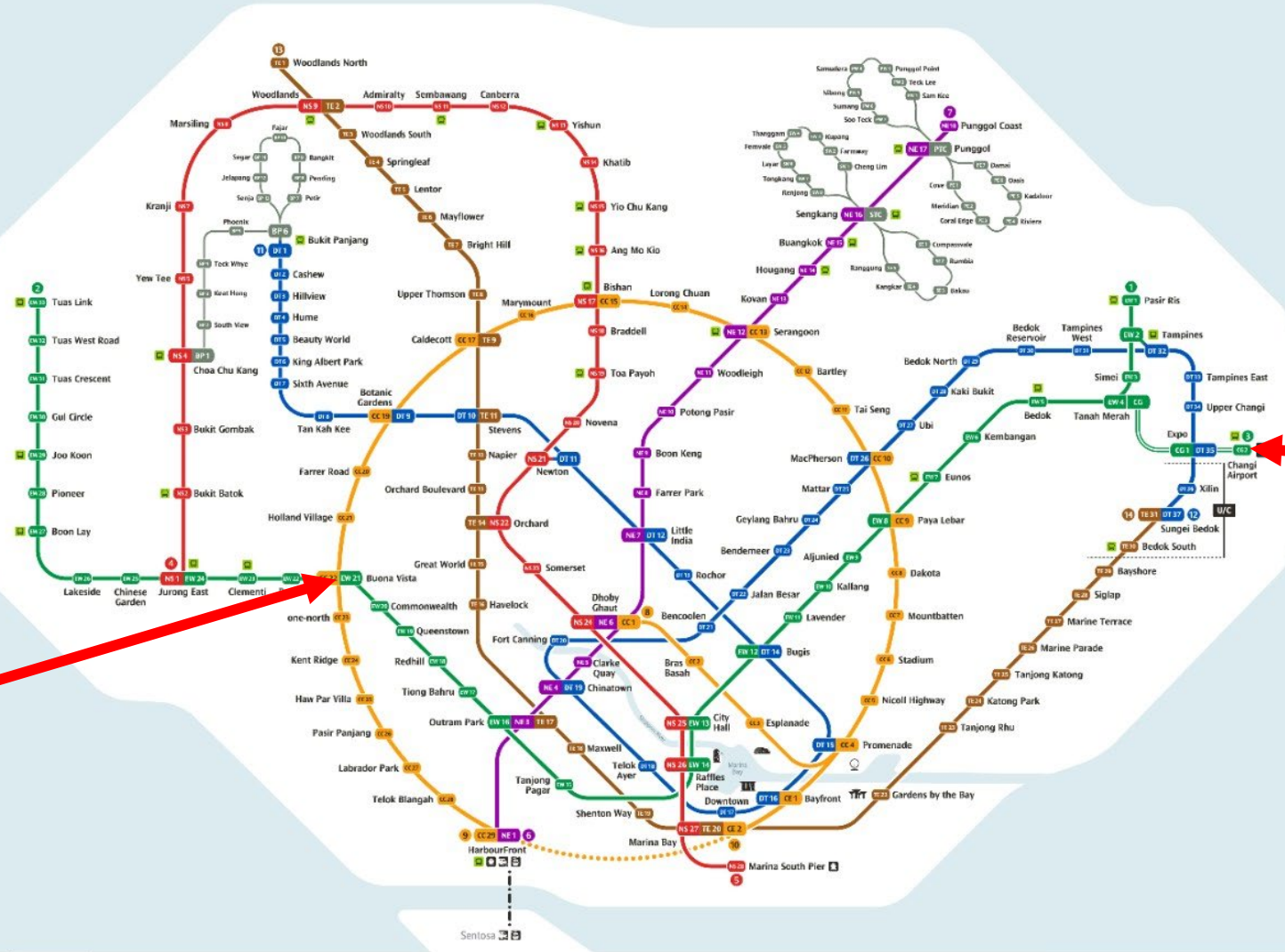
From Changi Airport station, take the train towards Tanah Merah (2 stops).

At Tanah Merah, change platform and take the train towards Tuas Link (17 stops).

Alight at Buona Vista station and take Exit C. Walk about 5 minutes to your destination.

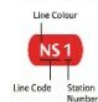


# System Map



## Legend

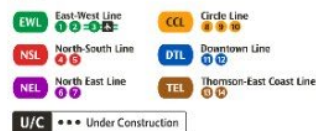
### Station Code



### Interchange Code



### MRT



### LRT

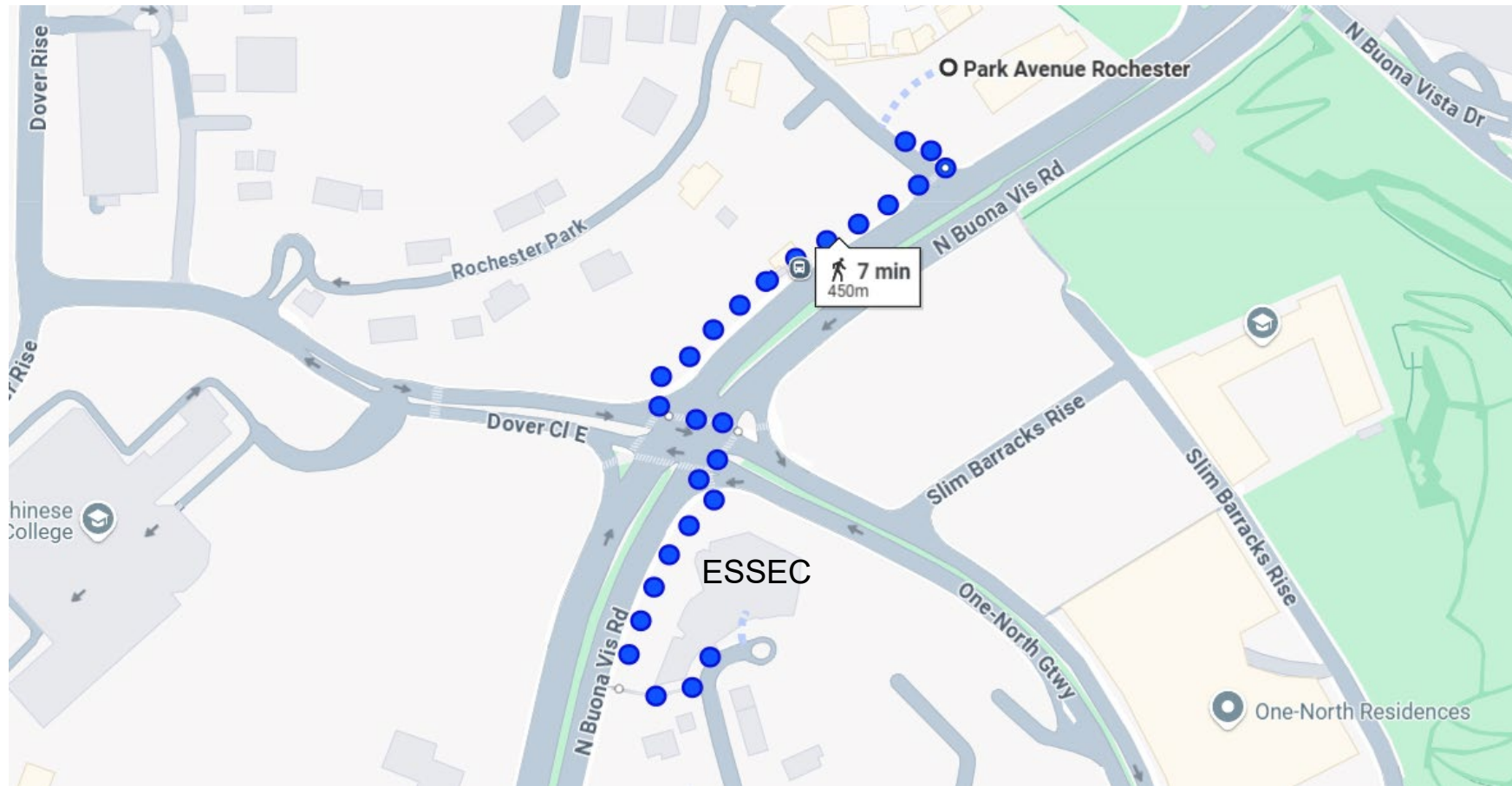


### Other Transport Modes





# From the hotel to the campus



# From the hotel

Once you exit the hotel through the main lobby, walk towards the main road (N Buona Vista Road). You will see ESSEC Business School on your right, across the street.

Take the flight of stairs up to enter the building.

The first flight of stairs brings you to Level 1, where you can take any lift up to Level 3.

Alternatively, you may continue climbing the stairs all the way to Level 3.

Classroom 10 is on Level 3.





# For those coming from other parts of Singapore

Getting to the campus:

5 Nepal Park Singapore 139408

There are two possible campus entrances: Nepal Park and Buona Vista Road.

Public transportation

The nearest MRT station is one-north MRT Station (CC23), on the Circle Line. When you reach the one-north MRT station, take Exit B and walk up Nepal Park to reach the campus.

Buses: 74, 91, 92, 95, 191, 196, 198 or 200

# Before arriving in Singapore

## **SG ARRIVAL CARD** (eVisa) [MANDATORY]

<https://www.ica.gov.sg/enter-transit-depart/entering-singapore/sg-arrival-card>

You must complete the electronic SG Arrival Card within a maximum of 3 days before arriving in Singapore. Completion of the form before 3 days is not permitted.

## **PASSPORT**

Your passport must be valid for a minimum of 6 months from the arrival date in Singapore.

## **VISA**

You should check here to see if you will need to have a visa before arriving in Singapore.

[https://www.ica.gov.sg/enter-transit-depart/entering-singapore/visa\\_requirements](https://www.ica.gov.sg/enter-transit-depart/entering-singapore/visa_requirements)

# Getting Around in Singapore

## By MRT Train

Singapore's MRT (Mass Rapid Transit) system is probably the fastest way to zip around the city. Most of our popular attractions are just a short walk away from an MRT station, making our trains a great way to get around.

Visitors can use the following options for MRT journeys:

1. Get a Singapore Tourist Pass (STP), a special EZ-Link stored-value card which will allow you unlimited travel for one day (17SGD), two days (24SGD) or three days (29SGD). The Pass can be bought at the TransitLink Ticket Office at MRT stations
2. Get a EZ-Link card. You will be able to top up your stored value travel card at ticketing service kiosks with your foreign-issued Mastercard, VISA. Alternatively, you may use cash to top up at the ticketing service kiosks.

## By Taxi

Taxis are comfortable and especially handy if you want to go to places not accessible by the bus or MRT. Cabs here are metered, but there may be surcharges depending on when, where and which company's taxi you board.

To get a rough idea of the final fare, check with the driver on the surcharges and ask for a receipt at the end of the trip. Alternatively, we also have booking apps like Grab and Comfort delgro that you can download at your convenience.

## By Bus

Besides being an economical way to get around, it's one of the most scenic — you'll be able to indulge in air-conditioned comfort, as you admire the lush greenery and beautiful architecture of our 'city in a garden'. You can pay for your bus fare using an adult stored value smartcard (EZ-link / Nets FlashPay) or the Singapore Tourist Pass (STP). Just keep an eye out for the electronic card reader — located next to the bus driver—and tap as you board.

Remember to tap your card again, on the reader located at the rear exit, when you alight. You can also opt to pay in cash, but make sure you have the exact amount in change.

You can find out more details at TransitLink's [SimplyGo website](#).



# Traveller Essentials

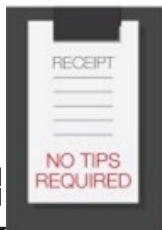
## Currency

The Singaporean currency is the Singapore dollar, abbreviated SGD, S\$ or just \$. The Brunei dollar is pegged at par with the Singapore dollar and the two currencies can be used interchangeably in both countries, so don't be too surprised if you get a Brunei note as change. You can safely assume that the '\$' sign used in the island-nation refers to SGD unless it includes other initials (e.g. US\$ to stand for US Dollar).

Restaurants often display prices like \$19.99++, which means that service charge (10%) and sales tax (9%) are not included and will be added to your bill. When you see NETT, it means it includes all taxes and service charges.

## Tipping

Tipping is generally not practiced in Singapore. Service staffs usually do not expect, nor are accustomed to receiving tips. Taxis will usually return your change to the last cent, or rounded in your favor if they can't find change.



## Language

You will be able to speak English to Singaporeans, most of whom are fluent in it. Many Singaporeans also speak an additional language, usually Mandarin Chinese.



## Power Plug

The standard electrical current used in Singapore is 220-240 volts AC (50 cycles) and you can use power plugs with three square prongs.



## Safe Drinking Water

You can drink water straight from the tap as the water in Singapore passes World Health Organization standards. You can also buy bottled water easily.

# Traveller Essentials

## ATMs

ATMs are ubiquitous in Singapore and credit cards are widely accepted (although some shops may levy a 3% surcharge, and taxis 15%). EZ-Link and Nets Flash Pay cards are accepted in some convenience stores and fast food chains.

## Weather

Singapore is hot and humid all year-round, with temperatures usually reaching over 30°C. You should be prepared for rain at any time, which can be torrential but usually brief. You may want to bring a jacket, as the rooms will be air-conditioned.

## Safety

Singapore is one of the safest major cities in the world by virtually any measure. Most people, including single female travelers, will not face any problems walking along the streets alone at night. But as the local police say, "low crime does not mean no crime" — beware of pickpockets in crowded areas and don't forget your common sense entirely.

Singapore's squeaky cleanliness is achieved in part by strict rules against activities that are tolerated in other countries. For example, jay-walking, spitting, littering, and drinking and eating on public transport are prohibited. Chewing gum is banned. Locals joke about Singapore being a fine city because heavy fines are levied if one is caught committing an offense. Look around for sign boards detailing the Don'ts and the fines associated with these offenses and heed them.

## Medical Services & Healthcare

While we hope that your visit to Singapore will be a safe & incident free one, it will be nonetheless good to know the closest medical facility & emergency information should you need them. Medical services in Singapore are relatively affordable compared to most "Western" countries.

The standard of medical care in Singapore is uniformly good and Singapore is a popular destination for medical tourism (and medical evacuations) in the region. Despite the lower prices, standards are often as good as those in the West at both public and private clinics.

### [The Clinic@Fusionopolis](#)

1 Fusionopolis Place #01-05  
Galaxis Singapore 138522  
Phone: 6466 0602

Opening Hours:  
Weekdays: 8.30 am - 1 pm, 2 pm  
- 5.30 pm  
Saturdays: 8.30 am - 12.30 pm  
Sundays & PH: Closed

Emergency Ambulance & fire 995

Non-Emergency Ambulance 1777

Police Emergency 999

# Dinner on Wednesday Night (August 27<sup>th</sup>)

## Venue: Blue Ginger (Tanjong Pagar)

97 Tanjong Pagar Road, Singapore 088518

One of the first Peranakan restaurants in the local dining scene, The Blue Ginger – a Michelin Bib Gourmand recipient for the past three years, was conceived by a group of friends who envisioned an inviting and intimate restaurant where customers can partake in a convivial dining experience over quality Peranakan fare – which at the time, was mostly prepared at home and enjoyed among family.

Since 1995, The Blue Ginger has firmly established itself as an iconic restaurant along Tanjong Pagar Road. Housed in an original and beautifully-restored 3-storey shophouse, this unique venue is ideal for unforgettable events.

*Note: flip-flops are not permitted.*





# Thursday Night (August 28<sup>th</sup>)

## Dinner Venue: Empress

1 Empress Place,  
Asian Civilisations Museum,  
#01-03, S(179555)



Located in the iconic Asian Civilisations Museum, Empress is a smart casual Chinese restaurant for guests who are looking to have an uplifting and lively dining experience. Offering a contemporary setting with both indoor and alfresco dining options by the waterfront, Empress delivers traditional cuisine, friendly service and a vibrant atmosphere.

*Note: flip-flops are not permitted.*

## After dinner: Singapore River Cruise

Cruise down the Singapore River on a traditional bumboat and embark on an exciting voyage through time. See Singapore's transformation through our historical buildings and iconic landmarks such as the Raffles Landing Site, Parliament House, Asian Civilisations Museum, Merlion Park, Esplanade Theatres on the Bay, and the Marina Bay Sands. Of course, you'll get to enjoy the scenic view of the new city skyline at Marina Bay with lots of photo opportunities!



# Friday Night (August 29<sup>th</sup>)

## Venue: Il Giardino at the Garage

50 Cluny Park Road, Level 2  
Singapore Botanic Gardens  
Singapore 257488

Nestled in the heart of the Singapore Botanic Gardens, *il Giardino* (meaning *The Garden*) celebrates the harmonious marriage of a serene Western dining retreat and nature-inspired surroundings in a charming heritage building. Much like resting under a grand tree, dining here offers a tranquil escape — where good food, nature, and heartfelt hospitality come together.

*Note: flip-flops are not permitted.*





# Saturday: Lunch and Excursion (13:00 – 18:00)

**13:00:** Departure from the hotel lobby for optional Lunch and Excursion

**13:30 – 14:30:** Lunch

Venue: Sing Swee Kee on Seah Street



Note: Luggage may be stored on the bus during the excursion if you wish to leave the group before coming back to the hotel at 18:00

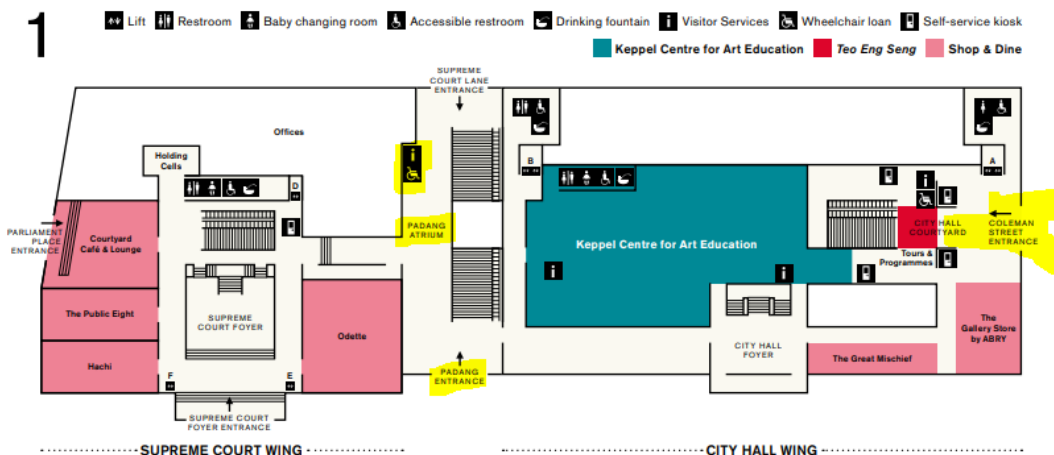


# Saturday: Lunch and Excursion (13:00 – 18:00)

## 14:45 – 15:45 : Guided Tour “The Highlights of the National Gallery”

Venue: National Gallery Singapore  
1 St Andrew's Road  
Singapore 178957

Meeting point: Padang Atrium Tour Desk Level1



## 16:00 – 17:30: Walking Tour to and through Chinatown

Venue: From National Gallery to the Buddha Tooth Relic Temple



Journey from present to the past via the Singapore River to the heart of Chinatown, recounting Singapore's early economies and way of life to the modern metropolis we see today. Along the way, we will pass by the well-known Raffles Place, venture into the Central Business District and end in historic Chinatown

## 17:30 : Bus departure to the Hotel

Venue: Buddha Tooth Relic Temple

# Thank you, and we look forward to hosting you at ESSEC APAC!

- **ESSEC Business School**
- **5 Nepal Park, Singapore 139408**
- **Contacts:**
  - For any changes in the travel and participation plan, including accommodation and dinner, contact Ms Yumiko Mori at: [yumiko.mori@keio.jp](mailto:yumiko.mori@keio.jp)
  - Any other questions: [AsianWEHE@list.waseda.jp](mailto:AsianWEHE@list.waseda.jp)